

# BHUTAN

AN EMERGING DESTINATION CURATED BY **pacific world**

A LAND WHERE THE PAST AND THE CONTEMPORARY CO-EXIST IN HARMONY, BHUTAN IS NESTLED IN THE HEART OF THE GREAT HIMALAYAS, WHERE GROSS NATIONAL HAPPINESS IS MORE IMPORTANT THAN GROSS NATIONAL PRODUCT.



## Access:

Bhutan is accessible by connecting flights from Bangkok, Thailand and Kathmandu, Nepal, New Delhi and Singapore have daily arrivals to Paro, Bhutan as well.



## Best time to visit:

Mid March till late May, and mid September till late November due to cooler temperatures.



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## WHY IS IT EMERGING?

- Direct flight connections from major Asian hubs like Bangkok, Singapore and Delhi.
- Many unexplored natural & cultural heritage sites.
- World class conference facilities managed by trusted hotel brands such as Taj Hotels Resorts & Palaces and Marriott International.



## WHAT'S NEW

## SIX SENSES BHUTAN

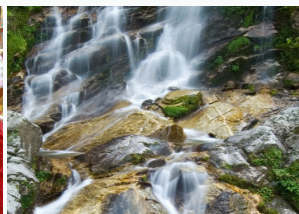
The western and central valleys of Bhutan are the sites for the Six Senses lodges. Scattered throughout these valleys, collectively referred to as Six Senses Bhutan, are five lodges at Thimphu, Punakha, Gangtey, Bumthang and Paro, each with its own character, environment and experiences. The lodges range in size and facilities, however focus embraces the Six Senses guiding principles which include spa, wellness, healthy eating and comfort in sleep in addition to a journey of self-discovery within Bhutan's beauty of spirituality, culture and nature.



## CURATED EXPERIENCES

### TSHEWANG CEREMONY

Follow a team of monks for this special prayer ceremony intended for peace, prosperity and good health. Guests are invited to light traditional butter lamps at the monastery alter.



### HOT SPRING THERAPY

After experiencing some of the best hiking in the Himalayas, guests can relax in a beautiful hot spring, surrounded by stunning forest and snow-capped mountains.

### BHUTANESE DRESS WEARING SESSION

The national dress of Bhutan is one of the most distinctive and visible aspects of the Dragon Kingdom's unique character. Dress up in fine, hand-woven fabrics, with colourful patterns.



### PRAYER FLAG HOISTING

Guests walk among the rice fields to reach the hill top where they can experience the unique prayer flag hoisting, followed by local refreshments



### ARCHERY TOURNAMENT

Archery is the national sport of Bhutan and every village has its own archery range. Take part in a high-spirited competition, followed by a banquet.



### BHUTANESE FARM HOUSE EXPERIENCE

Explore valleys, mountains, and fruit orchards when you visit a traditional Bhutanese house, which are built with mud and stones without nails. Enjoy home-made dishes like Ema Datshi, a national dish made of chili peppers and cheese.



# EVENT SPACES



## SIMPLY BHUTAN MUSEUM

This interactive 'living' museum offers a glimpse into traditional Bhutanese life. Learn how to distil *arak* (local alcoholic beverage), dress up in traditional clothes, and listen to songs sung by Bhutanese women.

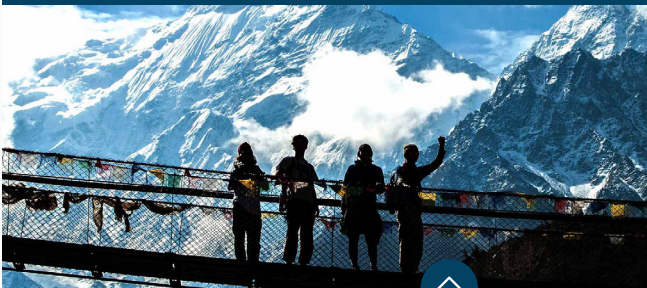
## HIMALAYAN RIVERSIDE PICNIC

Set on the bank of Wangchu River, traditional Bhutanese themed tents are set up serving local Bhutanese cuisine in the serene natural surroundings next to sparkling Himalayan river, making it an incredible experience for the guests.



# TIME OUT FOR YOU

## EXTEND YOUR STAY



## NEPAL

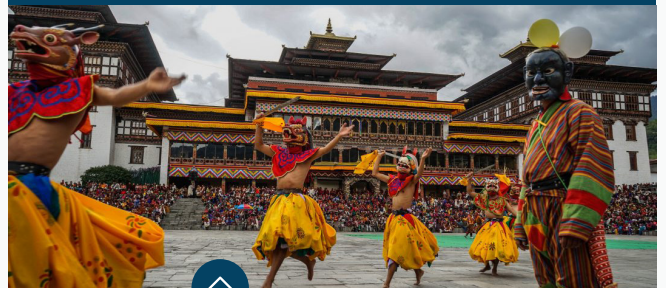
A land of natural wonders and adventure, Nepal is just an hour's flight from Bhutan. Visit Lumbini, the birthplace of Gautama Buddha, and the world's tallest peak, Mount Everest, together with the numerous UNESCO World Heritage-listed sites in the Kathmandu Valley.



## DARJEELING

Fifteen hours' drive from Bhutan, this Indian town in the Himalayan foothills once served as a summer resort for the British Raj elite. Take a joyride on the Darjeeling Himalayan Railway (affectionately known as the 'toy train') completed in 1881, or visit one of several tea plantations that dot the surrounding slopes.

## MEET THE LOCALS



## TSHECHU FESTIVAL

Celebrated every year in various monasteries, temples and fortresses across the Kingdom of Bhutan, the Tshechu Festival is a popular religious event, where monks perform a series of dances in colourful costumes and masks to honour Guru Rinpoche, who brought Tantric Buddhism to Bhutan in the 8th century.



## TOUR OF THE DRAGON

This is no ordinary bike race. With a trail spanning 268 km and four mountains this ultra-marathon mountain bike race takes participants through the inner Himalayas of Bhutan. Taking place in September, this is considered one of the toughest one-day mountain bike races in the world.

## A LA CARTE



## BHUTAN KITCHEN

Perhaps one of the oldest Bhutanese restaurants in Thimphu, Bhutan Kitchen, offers traditional, local cuisine with buffet service at reasonable prices.